

## **PRESS RELEASE**

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### **Lifeline Youth & Family Services and Crosswinds Counseling Receive \$50,000 in Grants from Foellinger and AWS Foundations**

Foellinger Foundation has awarded Lifeline Youth & Family Services a \$25,000 Innovative Rapid Grant while Crosswinds Counseling has received a \$25,000 Emergency Funding Grant from AWS Foundation. These grants will be used to provide mental health support and emotional wellness checks to staff members of nonprofit organizations who provide health and human services to the residents of Allen County, and to AWS Foundation grantees and partners across their 11-county service area.

These counseling sessions, available at no cost, are provided remotely by Crosswinds staff through a secure computer, tablet or smartphone application. Lifeline Youth & Family Services will partner with Crosswinds to deliver the counseling services.

“While many of us are working from home or sheltered in place, the services of many nonprofits continue throughout our community. Those on the front line, and their families, have their own anxieties, fears and stressors. This grant will support them as they provide ongoing services, often to the most vulnerable. This is a true example of ‘helping the helpers,’” said Patti Hays, CEO, AWS Foundation.

“Helene Foellinger’s vision for the Foundation was that its resources should be directed towards ‘helping people help themselves to in turn help others.’ Nonprofit organizations and their staffs embody the resilient, courageous spirit of our community. Their emotional wellbeing allows them to perform at their best at this vital time,” said Cheryl Taylor, President, Foellinger Foundation.

Lifeline Youth & Family Services and Crosswinds are sister organizations under the Lasting Change umbrella.

“Our mission is to change hearts and bring hope to individuals, families and communities; there is no better time for our services to be used than right now. We look forward to strengthening the staff and organizations who are working hard each day to serve people in our community,” said Mark Terrell, CEO, Lasting Change.

Organizations who qualify for these services are encouraged to visit <http://crosswindscounseling.org/covid19> to learn more about these unique opportunities.

Please see Foellinger Foundation's website for other Critical Response Grants opportunities ([foellinger.org/covid19](http://foellinger.org/covid19)).

To learn more about AWS Foundation's Emergency Funding opportunities visit [AWSfoundation.org/covid-19](http://AWSfoundation.org/covid-19).

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### **About Foellinger Foundation**

The Foellinger Foundation is a private, charitable foundation that invests in excellence by providing grants, leadership training, conferences, workshops and thought-leading speakers to strengthen nonprofit organizations that serve Allen County. The Foundation was created in 1958 by Helene Foellinger, The News-Sentinel publisher from 1936 to 1980, and Esther Foellinger, her mother. Visit [Foellinger.org](http://Foellinger.org) for more information.

### **About AWS Foundation**

AWS Foundation's mission is to help children and adults with enduring intellectual, developmental and physical disabilities live as independently as possible, be included in the community and function at their highest potential. Learn more at [AWSFoundation.org](http://AWSFoundation.org).

### **About Lasting Change**

Lasting Change, Inc. was incorporated in 2016 as a supporting organization for Lifeline Youth & Family Services, Inc., and Crosswinds, Inc., two nonprofits based in Fort Wayne, IN., with one mission — to ensure individuals succeed, families thrive and communities prosper. Lasting Change provides support to nonprofits to achieve internal efficiency resulting in external mission effectiveness. Visit [LifelineYouth.org](http://LifelineYouth.org) and [Crosswinds.org](http://Crosswinds.org) for more information.